

# ALL STATE BANQUET

Connecticut High School Coaches Association

Wednesday, March 15, 2023

AquaTurf Restaurant

Southington, Conn.



## 2023 All-State Wrestling Banquet

## 2023 Class S All-State

Wt: Wrestler	Coach
106: Jack Gedney, Lewis Mills	T.J. Silva
113: Ian Cathell, Killingly	Rich Bowen
120: Joe Mahoney, New Fairfield	Paul Musso
126: Vincent Tripaldi, New Fairfield	Paul Musso
132: Kaden Ware, Killingly	Rich Bowen
138: James Linder, Jr., Montville	Jake Caskey
145: Thomas Bock, New Fairfield	Paul Musso
152: Jack Richardson, Killingly	Rich Bowen
160: Cavin Napoletano, H-Killingworth	Josh Cofield
170: Jacob Martone, H-Killingworth	Josh Cofield
182: Jack Wendel, Nonnewaug	David Green
195: Malachi Fowler, Windham	Patrick Risley
220: Yael Garcia-Rodriguez, Windham	Patrick Risley
285: Doug Traynor, New Fairfield	Paul Musso

## 2023 Class S Tournament

## At Killingly

## Team results:

1. Killingly 213½
2. New Fairfield 202½
3. Windham High 188
4. Haddam-Killingworth 165
5. Portland 137
6. Plainville 135
7. Griswold/Wheeler 107
8. Waterford 97½
9. Canton and Nonnewaug 79
11. St Joseph 78½
12. Stafford 74½
13. Montville 66
14. Rocky Hill 56
15. Old Lyme 55
16. Bacon Academy 52
17. Putnam 49
18. Gilbert 44½
19. Morgan 40
20. Somers 38½
21. Coventry 33
22. Terryville/Thomaston 31
23. Lewis Mills 29
24. Cromwell 27
25. Sheehan 25
26. North Branford 24
27. Granby 21
28. Northwestern 16
29. Notre Dame-Fairfield 8
30. St. Paul 3
31. Bloomfield 1

## Championship finals

- 106:** Jack Gedney (Lewis Mills) tech fall Seth Christie (Griswold/Wheeler), 15-0 4:00
- 113:** Ian Cathell (Killingly) dec. Hoshena Gemme (Old Lyme), 10-5
- 120:** Joe Mahoney (New Fairfield) pin Reese Titus (Canton), 0:56
- 126:** Vincent Tripaldi (New Fairfield) dec. Brady Zadora (Killingly), 8-2
- 132:** Kaden Ware (Killingly) major dec. Jay Chase (Sheehan), 13-2
- 138:** James Linder Jr. (Montville) dec. Joseph Kennedy (Plainville), 7-4
- 145:** Thomas Bock (New Fairfield) major dec. Lucas Gannotti (Waterford), 11-2
- 152:** Jack Richardson (Killingly) pin Matt Gish (Cromwell), 0:30
- 160:** Cavin Napoletano (Haddam-Killingworth) pin Cooper Theriault-Dinielli (Plainville), 3:00
- 170:** Jacob Martone (Haddam-Killingworth) pin Tyler Quinn (Portland), 0:50
- 182:** Jack Wendel (Nonnewaug) pin Andrew Johnson (Portland), 0:26
- 195:** Malachi Fowler (Windham) pin Stefan Ryer (Old Lyme), 2:51
- 220:** Yael Garcia-Rodriguez (Windham) dec. Chris Adamczyk (Rocky Hill), 3-2
- 285:** Doug Traynor (New Fairfield) dec. Jeff Quirion La Oz (Plainville), 7-1
- Outstanding wrestler:** Jack Wendel, Nonnewaug (182)

## Did you know?

- Kaden Ware won his third Class S title
- Mahoney, Richardson, Wendel Doug Traynor each won a 2nd Class S title
- Killingly won their fourth Class S title and 6th overall in team history

## 2023 Class M All-State

Wt: Wrestler	Coach
106: Ben Fournier, RHAM	Ryan Fitch
113: Isaiah Adams, Avon	John McLaughlin
120: Jerry Hill, Bethel	Andrew Lischke
126: Antonio Madero, Foran	Dave Esposito
132: Danny Carrozza, Brookfield/Shep.	Michael McKeever
138: Scott Romano, Joel Barlow	Halim Bourjeili
145: Jonah Weber, Avon	John McLaughlin
152: Caiden Talento, Platt	Bryan McCarty
160: Roel Johnson, Avon	John McLaughlin
170: Cameron Sammarco, Lyman/WT	Brandon Strout
182: Joshua Nieroda, Suffield/WL	Matthew Mangelli
195: Michael Marques, RHAM	Ryan Fitch
220: Drew Schwartz, Branford	Kevin Kapushinski
285: Anthony Shivas, Derby/Oxford/HC	Buster Jadach

## 2023 Class M Tournament

## At East Haven

## Team results:

1. Avon 196½
2. RHAM 196
3. Foran 187
4. Berlin 183
5. Branford 150
6. Platt 128
7. New London 117
8. Lyman Mem/Windham Tech and Suffield/Windsor Locks 95
10. Ellis Tech 85
11. Brookfield/Shepaug 81
12. Daniel Hand 76
13. Weston 75
14. Derby/Oxford/Holy Cross 70
15. Ledyard 68
16. East Haven 64½
17. Bethel 62½
18. Notre Dame-W. Haven 59½
19. Jonathan Law 59
20. E.O. Smith 56½
21. Joel Barlow 51
22. Bristol Eastern 43½
23. Rockville 38
24. Masuk 31
25. Abbott Tech 28
26. North Haven 23
27. Lyman Hall 10
28. Wolcott Tech 7
29. Bullard Havens 4
30. Torrington 3

## Championship finals

- 106:** Ben Fournier (RHAM) pin Cesar Rodriguez (Platt), 1:31
- 113:** Isaiah Adams (Avon) pin Mason Arborio (Berlin), 4:13
- 120:** Jerry Hill (Bethel) tech fall Mason Hallstrom (Foran), 24-8, 5:41
- 126:** Antonio Madero (Foran) pin Jake Elpi (Branford), 4:49
- 132:** Danny Carrozza (Brookfield/Shepaug) pin Caleb Phillips (E.O. Smith), 4:40
- 138:** Scott Romano (Joel Barlow) dec. Craig Mager (Avon), 7-0
- 145:** Jonah Weber (Avon) dec. Antonio Perez (Foran), 11-5
- 152:** Caiden Talento (Platt) dec. Jeremy Devine (RHAM), 3-2
- 160:** Roel Johnson (Avon) dec. Ralph Carter (Daniel Hand), 9-2
- 170:** Cameron Sammarco (Lyman Mem/Windham Tech) pin Ahmed Hernandez (Platt), 0:55
- 182:** Joshua Nieroda (Suffield/Windsor Locks) pin Cole Snider (Branford), 3:43
- 195:** Michael Marques (RHAM) pin Jason Toth (East Haven), 3:34
- 220:** Drew Schwartz (Branford) pin Don Shivas (Derby/Oxford/Holy Cross), 5:07
- 285:** Anthony Shivas (Derby/Oxford/Holy Cross) pin Oscar Tapia (Abbott Tech), 3:03
- Outstanding wrestler:** Caiden Talento (Platt), 152

## Did you know?

- Adams, Romano, Talento and Nieroda each won a state title for the 2nd time
- It's the third time a team has won a state title by a half point -- Berlin (Class M, 1991), Bristol Eastern (Class L, 2019)



# 2023 All-State Wrestling Banquet

## 2023 Class L All-State

### Wt: Wrestler

106: Raekwon Shabazz, Xavier  
 113: Braylon Gonzalez, Xavier  
 120: Kevin Kasperowski, Xavier  
 126: Griffin Devivo, Simsbury  
 132: Kyle Levesque, Xavier  
 138: Anthony Basile, Xavier  
 145: Marc Maurath, Newtown  
 152: Luca Manfredi, Newtown  
 160: Khalil Bourjelli, New Milford  
 170: Fisher Stites, Newtown  
 182: Charles Weidman, Xavier  
 195: Jake Kszywanos, Stratford  
 220: James Duhancik, Stratford  
 285: John Dasilva, Newtown

### Coach

Mike Cunningham  
 Mike Cunningham  
 Mike Cunningham  
 T.J. Silva  
 Mike Cunningham  
 Mike Cunningham  
 Chris Bray  
 Chris Bray  
 Chris Piel  
 Chris Bray  
 Mike Cunningham  
 Brandon Tomlinson  
 Brandon Tomlinson  
 Chris Bray

## 2023 Class LL All-State

### Wt: Wrestler

106: Cristian Pote, Danbury  
 113: Owen Sheiman, Fair. Warde  
 120: Isaac Quiles, East Hartford  
 126: Dominick Spadaro, Fair. Warde  
 132: Colton Thorpe, Southington  
 138: Jaeckez Mendez, East Hartford  
 145: Zavier Hernandez, Brien McMahon  
 152: Donell Young, Fair. Ludlowe  
 160: Drayvn Roberts, East Hartford  
 170: Ryan Gilchrist, Norwalk  
 182: Dominic Iaquinto, Danbury  
 195: Brendan Gilchrist, Norwalk  
 220: Nehemias Pettway, Fair. Warde  
 285: Nuh Ajdinowski, Danbury

### Coach

Mike Silvestri  
 Jason Shaughnessy  
 Todd Albert  
 Jason Shaughnessy  
 Derek Dion  
 Todd Albert  
 Joe SantaLucia  
 Jeremy Kelly  
 Todd Albert  
 Charles Vado  
 Mike Silvestri  
 Charles Vado  
 Jason Shaughnessy  
 Mike Silvestri

### 2023 Class L Tournament

#### At Guilford

#### Team results:

- Xavier 293½
- New Milford 269
- Simsbury 211
- Newtown 204
- Stratford 139
- Guilford 96½
- South Windsor 93
- Amity 86
- New Canaan 84
- Bristol Central 67
- Bunnell 61
- Maloney and Windsor 60
- Newington 50
- Middletown 49
- Farmington and Fitch 41
- Cheshire 39
- Pomperaug 36
- Shelton 29
- Wilton 21
- Harding 19
- Wethersfield 12

#### Championship finals

- 106:** Raekwon Shabazz (Xavier) tech fall Alex Oberc (New Milford), 20-5, 5:32  
**113:** Braylon Gonzalez (Xavier) dec. Kyden Merlin (South Windsor), 7-0  
**120:** Kevin Kasperowski (Xavier) d. Nick Savarese (Simsbury), 7-2  
**126:** Griffin Devivo (Simsbury) dec. Cael Loria (Xavier), 7-4  
**132:** Kyle Levesque (Xavier) dec. Tynan Lim (New Milford), 20-7  
**138:** Anthony Basile (Xavier) pin Landon Dionne (Bristol Central), 5:54  
**145:** Marc Maurath (Newtown) dec. Maximus Morse (Xavier), 4-3  
**152:** Luca Manfredi (Newtown) d. Matthew Ferrucci (Xavier), 3-1  
**160:** Khalil Bourjelli (New Milford) pin Zachary White (Newington), 1:16  
**170:** Fisher Stites (Newtown) dec. Chad Mairano Simsbury, 11-5  
**182:** Charles Weidman (Xavier) tech fall Jesse Baldwin (Middletown), 20-5 5:52  
**195:** Jake Kszywanos (Stratford) major dec. Adam Oberc (New Milford), 9-0  
**220:** James Duhancik (Stratford) dec. Naszier Matthews (Fitch), 9-2  
**285:** John Dasilva (Newtown) pin Carl Mullings (Bunnell), 2:29  
**Outstanding wrestler:** Khalil Bourjelli, New Milford (160)

### 2023 Class LL Tournament

#### At Trumbull

#### Team results:

- Trumbull 181
- East Hartford 177½
- Danbury 172½
- Fairfield Warde 158½
- Southington 150
- Fairfield Ludlowe 135
- Fairfield Prep 128
- Norwalk 127
- Ridgefield 107
- Hall 106
- Norwich Free Academy 102
- Glastonbury 89
- East Lyme/Norwich Tech 82½
- Enfield and New Britain 73
- Staples 72
- Manchester 67
- Brien McMahon 47½
- Greenwich 45
- Stamford 28
- Conard 22
- Darien 20
- New Haven 19
- Westhill 16

#### Championship finals

- 106:** Cristian Pote (Danbury) dec. Jack Francis (Staples), 6-0  
**113:** Owen Sheiman Fairfield Warde) dec. Cameron Cardona (New Britain), 4-2  
**120:** Isaac Quiles (East Hartford) pin Dominic Barrella (Ridgefield), 4:31  
**126:** Dominick Spadaro (Fairfield Warde) dec. Phoenix Gardella (Norwalk), 4-2, OT  
**132:** Colton Thorpe (Southington) pin Dylan Sherman (Fairfield Ludlowe), 3:38  
**138:** Jaeckez Mendez (East Hartford) dec. Josh Howard (Southington), 8-4  
**145:** Zavier Hernandez (Brien McMahon) dec. Yaxier Rivera (East Hartford), 4-2  
**152:** Donell Young (Fairfield Ludlowe) pin Sam Lapham (Trumbull), 4:29  
**160:** Drayvn Roberts (East Hartford) dec. Lincoln Carlson (East Lyme/Norwich Tech), 4-2  
**170:** Ryan Gilchrist (Norwalk) pin Tai Phillippe Harris (Manchester), 3:39  
**182:** Dominic Iaquinto (Danbury) dec. Brayden Soleau (East Lyme/Norwich Tech), 5-4  
**195:** Brendan Gilchrist (Norwalk) dec. Sammy Montovani (East Hartford), 11-4  
**220:** Nehemias Pettway (Fairfield Warde) pin Mike Gianetti (Trumbull), 4:44  
**285:** Nuh Ajdinowski (Danbury) dec. Malachi Mercer-Robinson (Fairfield Prep), 3-2, 3 OT  
**Outstanding wrestler:** Nehemias Pettway, Fairfield Warde (220)

### Did you know?

- Shabazz and Bourjelli each won their 2nd straight title
- Xavier won their third consecutive Class L title
- New Milford's 269 points was most-ever by a second place team

### Did you know?

- Quiles, Roberts, Iaquinto and Adinoski each won a 2nd straight Class LL title
- Trumbull won their first-ever Class LL state championship

## 2023 All-State Wrestling Banquet

## 2023 State Open champions

Wt: Wrestler	Coach
106: Raekwon Shabazz, Xavier	Mike Cunningham
113: Isaiah Adams, Avon	John McLaughlin
120: Joe Mahoney, New Fairfield	Paul Musso
126: Dominick Spadaro, F. Warde	Jason Shaughnessy
132: Kaden Ware, Killingly	Rich Bowen
138: Jaeckez Mendez, E. Hartford	Todd Albert
145: Thomas Bock, New Fairfield	Paul Musso
152: Jack Richardson, Killingly	Rich Bowen
160: Khalil Bourjelli, New Milford	Chris Piel
170: Fisher Stites, Newtown	Chris Bray
182: Charles Weidman, Xavier	Mike Cunningham
195: Brendan Gilchrist, Norwalk	Charles Vado
220: James Duhancik, Stratford	Brandon Tomlinson
285: Nuh Ajdinoski, Danbury	Mike Silvestri

## 2023 State Open Tournament

## At New Haven

- Team results:** 1. Xavier 175½  
 2. New Fairfield 121½  
 3. Newtown 120  
 4. New Milford 96½  
 5. Danbury 90  
 6. Norwalk 85½  
 7. East Hartford 77  
 8. Killingly 76½  
 9. Fairfield Warde 64  
 10. Avon and Simsbury 61½  
 12. RHAM 60  
 13. Stratford 55  
 14. Fairfield Prep 53  
 15. Haddam-Killingworth 52  
 16. Southington 51  
 17. Branford and Trumbull 47  
 19. East Lyme/Norwich Tech 46½  
 20. NFA 46  
 21. Ridgefield 45  
 22. Plainville 40½  
 23. Fairfield Ludlowe, Windham High and South Windsor 39  
 26. Suffield/Windsor Locks 33  
 27. Montville and Platt High 27  
 29. Glastonbury, New London 27  
 31. Berlin, Enfield, N. Canaan 26  
 34. Hall 25  
 35. Fitch 24  
 36. East Haven 22  
 37. Lyman Mem./Windham T 21½  
 38. Lewis Mills 20  
 39. Amity 19½  
 40. Brookfield/Shepaug, Canton, Foran, Manchester 18  
 44. Bethel and Cheshire 17  
 46. Hand and Portland 15  
 48. Ellis Tech 14  
 49. Brien McMahon, Guilford 13  
 51. Weston 12  
 52. Bristol Central and Gilbert 11  
 54. Farmington 10  
 55. Bacon Academy, New Britain and St. Joseph 9  
 58. Terryville/Thomaston 8½

## 59. Griswold/Wheeler and Middletown 8

61. E.O. Smith, Greenwich, Morgan, New Haven, Stafford 7  
 67. Bunnell, Derby/Oxford/Holy Cross, Windsor 6  
 71. Newington, Rocky Hill, Somers and Waterford 5

## Championship results

- 106:** Raekwon Shabazz (Xavier) tech fall Ben Fournier (RHAM), 18-3, 4:47  
**113:** Isaiah Adams (Avon) pin Kyden Merlin (So. Windsor), 5:54  
**120:** Joe Mahoney (New Fairfield) tech fall Jaiden James (Norwich Free Academy), 19-4 6:00  
**126:** Dominick Spadaro (Fairfield Warde) dec. Vincent Tripaldi (New Fairfield), 8-5  
**132:** Kaden Ware (Killingly) dec. Kyle Levesque (Xavier), 4-0  
**138:** Jaeckez Mendez (E. Hartford) dec. Anthony Basile (Xavier), 5-2  
**145:** Thomas Bock (New Fairfield) d. William Smith (Fair. Prep), 4-0  
**152:** Jack Richardson (Killingly) d. Luca Manfredi (Newtown), 6-1  
**160:** Khalil Bourjelli (N. Milford) d. Drayvn Roberts (E. Hartford), 9-1  
**170:** Fisher Stites (Newtown) dec. Ryan Gilchrist (Norwalk), 3-2  
**182:** Charles Weidman (Xavier) dec. Joshua Nieroda (Suffield/Windsor Locks), 14-5  
**195:** Brendan Gilchrist (Norwalk) dec. Sammy Montovani (East Hartford), 6-4  
**220:** James Duhancik (Stratford) pin Naszier Matthews (Fitch), 5:16  
**285:** Nuh Ajdinoski (Danbury) dec. Malachi Mercer-Robinson (Fairfield Prep), 3-1  
**OW:** Bourjelli, New Milford (160)

## 2023 Girls All-State

Wt: Wrestler	Coach
100: Addisyn Herdic, Ellis Tech	Nick Devanny
107: Samantha Yap, Stamford	Jamie Camacho
114: Cali Gilchrist, Brien McMahon	Joe SantaLucia
120: Valerie Turgeon, So. Windsor	Jude Knapp
126: Julianna Morris, Pomperaug	Brendan Quinn
132: Linda Holeman, Ledyard	Allyn Quibble
138: Camryn Brown, Amity	Todd Patterson
145: Kelly Aspras, Foran	Dave Esposito
152: Brianna Seixas, Guilford	Craig Vedrani
165: Marangelie Teixeira, Trumbull	Charlie Anderson
185: Arianna Bellamy, Maloney	Angel DeJesus
235: Kayli Morris, Platt	Bryan McCarty

## 2023 CIAC Girls Invitational

## At New Haven

**Team results:** No official scores kept.

## Championship results

- 100:** Addisyn Herdic (Ellis Tech) tech fall Abby Palotto (Amity), 16-0 5:51  
**107:** Samantha Yap (Stamford) pin Karla Flores (Montville), 1:54  
**114:** Calli Gilchrist (Brien McMahon) pin Hoshena Gemme (Old Lyme), 5:33  
**120:** Valerie Turgeon (South Windsor) dec. Gianna Silva (Masuk), 9-4  
**126:** Julianna Morris (Pomperaug) pin Rylee Donohue (Norwalk), 3:04  
**132:** Linda Holeman (Ledyard) dec. Esther Ribeiro (Bethel), 11-1

## 138: Camryn Brown (Amity) pin

Kan-Yah McCarthy (Fairfield Ludlowe), 1:02

**145:** Kelly Aspras (Foran) pin Alyana Martinez (New Britain), 1:51

**152:** Brianna Seixas (Guilford) pin Olivia Wojtusik (Berlin), 1:47

**165:** Marangelie Teixeira (Trumbull) pin Kaydence Atkinson (New Britain), 2:34

**185:** Arianna Bellamy (Maloney) pin Dayami Torillo cortes (Windham), 4:52

**235:** Kayli Morris (Platt) pin Mallory Sefick (St. Paul), 1:41

**Outstanding wrestler:** Julianna Morris, Pomperaug (126)

## Did you know?

- Yap and Brown each won a third state title
- Gilchrist, Holeman, Aspras and Seixas won a 2nd state title
- Danbury has won a share of the last six Class LL titles

# 2023 All-State Wrestling Banquet

## 2023 AWARDS

### COACH OF THE YEAR

Mike Cunningham, Xavier

### ASSISTANT COACH OF THE YEAR

Kareem Small, Xavier

### WRESTLER OF THE YEAR

Isaiah Adams, Avon

### TEAM OF THE YEAR

Xavier

### ACADEMIC ALL-STATE

Valerie Turgeon (120), South Windsor  
Camryn Brown (138), Amity  
Julianna Morris (126), Pomperaug  
Colton Thorpe (132), Southington  
Jack Wendel (182), Nonnewaug

#### Academic All-State criteria

- Senior
- CHSCA All-State, first team
- Cumulative (minimum) GPA of 3.2 or higher over last four years
- Be in good standing in school community
- Exhibit/practice outstanding character, citizenship in school, in competition and in the community

## RECENT WINNERS

### WRESTLER OF THE YEAR

**2022:** Will Ebert, Fairfield Warde (170)  
**2020:** Ryan Jack, Danbury (138)  
**2019:** Ryan Jack, Danbury (126)  
**2018:** Ryan Luth, Foran (152)  
**2017:** Jakob Camacho, Danbury (120)  
**2016:** Max Odell, South Windsor (170)  
**2015:** Charles Kane, Fairfield Warde (138)  
**2014:** Kevin Jack, Danbury (126)  
**2013:** Kevin Jack, Danbury (120)  
**2012:** Devon Carrillo, Middletown (182)  
**2011:** Patrick Gillen, Shelton (215)  
**2010:** Charlie Costanzo, Danbury (119)  
**2009:** Charlie Costanzo, Danbury (119)  
**2008:** Derek Fish, Hand (145)  
**2007:** T.J. Hepburn, Ledyard (140)  
**2006:** Bran Crudden, Windham (171)  
**2005:** Joey Martin, Simsbury (119)  
**2004:** Brandon Stavola (135), Amity and Greg Dussol (152), RHAM  
**2003:** Anthony Hayes (140), Danbury  
**2002:** Lee Mannion (135), Fairfield  
**2001:** Allyn Quibble (140), Ledyard  
**2000:** Nick Ciarcia (160), Xavier

### COACH OF THE YEAR

**2022:** Todd Albert, East Hartford (LL); Michael Cunningham, Xavier (L); Kevin Kapuhinski, Branford (M); Nick Adler, Haddam-Killingworth (S)  
**2020:** Ricky Shook, Danbury (LL); Mike Cunningham, Xavier (L); Matthew Mangelli, Suffield/Windsor Locks (M); Rich Bowen, Killingly (S)  
**2019:** Ricky Shook, Danbury (LL); Bryant Lishness, Bristol Eastern (L); Rich Bowen, Killingly (M); Darek Schibi, Gilbert (S)  
**2018:** Ricky Shook, Danbury (LL); Bryant Lishness, Bristol Eastern (L); David Esposito, Foran (M); Patrick Risley, Windham (S)  
**2017:** Ricky Shook, Danbury (LL); Bryant Lishness, Bristol Eastern (L); Rafael Calixito, Ellis Tech (M); Steve Bilheimer, Ledyard (S)  
**2016:** Ricky Shook, Danbury (LL); Chris Piel, New Milford (L); Dave Esposito, Foran (M); Patrick Risley, Windham (S)  
**2015:** Chris Bray, Newtown (LL), Chris Piel, New Milford (L), Dave Esposito, Foran (M), Patrick Risley, Windham (S)  
**2014:** Chris Bray, Newtown (LL), Chris Piel, New Milford (L), Steve Bilheimer, Ledyard (M), Patrick Risley, Windham (S)  
**2013:** Jude Knapp, South Windsor (LL), Eric Misko, Farmington (L), Frank Peters, Foran (M), Peter Veleas, Terryville (S)

### TEAM OF THE YEAR

**2022:** Xavier  
**2020:** Danbury  
**2019:** Danbury  
**2018:** Danbury  
**2017:** Danbury  
**2016:** New Fairfield  
**2015:** Newtown  
**2014:** Newtown  
**2013:** Danbury  
**2012:** Xavier  
**2011:** Bacon Academy  
**2010:** Danbury

### ASSISTANT COACH OF THE YEAR

**2022:** Nick Sackandy, East Hartford (LL); Kareem Small, Xavier (L); Zach Cash, Branford (M); Ken Markwat, Haddam-Killingworth (S)  
**2020:** Keith Lynch, Danbury (LL); Kareem Small, Xavier (L); Bill Taggarty, Suffield/Windsor Locks (M); Ron LaBeef, Killingly (S)  
**2019:** Keith Lynch, Danbury (LL); John Benoit, Bristol Eastern (L); Ron LaBeef, Killingly (M); Chris Marks, Gilbert (S)  
**2018:** Bob Gillen, Fairfield Warde (LL); Kareem Small, Xavier (L); Noel Luth, Foran (M); Mike Haggerty, Windham (S)  
**2017:** Jamie Ascone, Danbury (LL); John Benoit, Bristol Eastern (L); Anthony Devanney, Ellis Tech (M); William Glenney, Ledyard (S)  
**2016:** Jamie Ascone, Danbury (LL); Tom Farrell, New Milford (L); Noel Luth, Foran (M); Mike Haggerty, Windham (S)  
**2015:** Mike McKeever, Newtown (LL), Ryan Fitzsimmons, New Milford (L); Noel Luth, Foran (M); Mike Haggerty, Windham (S)  
**2014:** Mike McKeever, Newtown (LL); Ryan Fitzsimmons, New Milford (L); Marc Duplice, Waterford (M); Mike Haggerty, Windham (S)  
**2013:** Doug Rohner, Glastonbury (LL), Matt Boissoneault, Bristol Central (L), Dave Esposito, Foran (M), Doug Stevenson, Haddam-Killingworth (S)  
**2012:** Niko Filippakis, Trumbull (LL), Mike Daniels, Farmington (L), Julian Hightower, Ledyard (M), Doug Stevenson, Haddam-Killingworth (S)  
**2011:** Kyle St. George, Xavier (LL); Ryan Fitzsimmons, New Milford (L); Mike Morris (M), Bacon Academy; Brandon Stout (S), Griswold